Custis to W&OD Trails – Out & Back

0.0 Begin at Iwo Jima, and head towards the Key Bridge
0.5 Turn left at Lee Hwy, and get on the Custis Trail

From here, turn around at half your target distance for an out & back run:

5.0 Gazebo (W&OD Mile Marker 4)
   Turn right to continue on the W&OD Trail
6.0 Point under Roosevelt St (W&OD Mile Mile marker 5)
7.0 Just beyond Lee Highway crossing (W&OD Mile Marker 6)
8.0 Rt. 7 bridge (W&OD Mile Marker 7)
10.0 Beltway (W&OD Mile Marker 9)

Water fountains (in-season):
   3 miles out, half mile beyond the spiral
   5 miles out, at the gazebo
   8 miles out, at Rt. 7

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